

Prevention Partners

CHILD ABUSE PREVENTION FOUNDATION



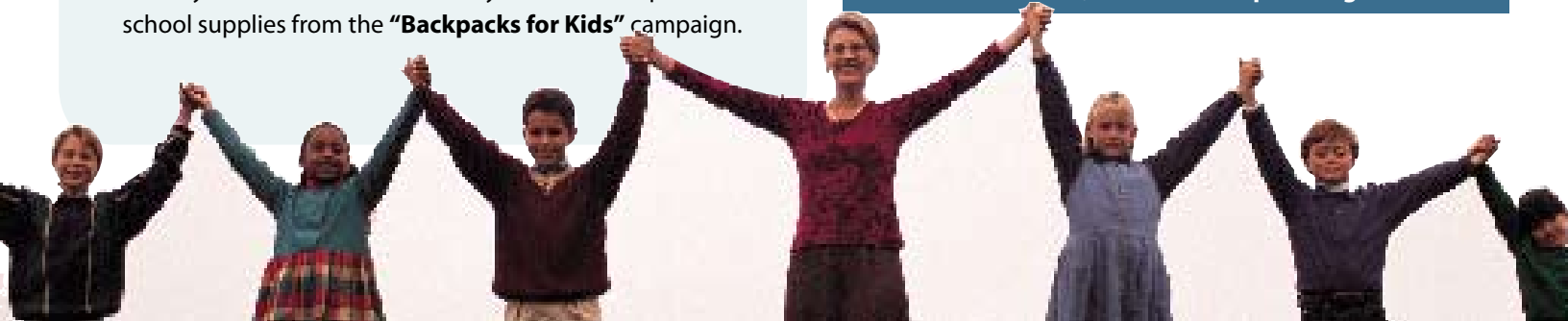
Providing Help and Hope for San Diego's Abused Children

CAPF Champions “Give Their Hearts” to Thousands of San Diego’s Abused Children In 2006

For more than 25 years, the Child Abuse Prevention Foundation has been making dreams come true for thousands of San Diego’s abused and at-risk children. Last year was no exception. Thanks to your support, together we brought joy and brighter futures to our most vulnerable residents living in crisis due to abuse and neglect. We are proud to share just a few milestones of 2006:

- Close to \$10,000 in gift certificates were given to 385 foster children for their birthdays, thanks to the **Birthday Club** program.
- Nearly 2,500 abused, neglected and abandoned children at the **Polinsky Children’s Center** received educational and developmental program services, mentoring, and participated in recreational and enhancement activities during their stay.
- **CAPF’s Foster Fund** (formerly the Special Needs Fund) provided 49 foster youth with close to \$3,700 in mini-grants for extra curricular activities, lessons, summer camps, uniforms and school field trips.
- Almost \$120,000 in educational scholarships for the 2006-2007 school year was given to 34 former foster youth through **CAPF Guardian Scholars** (formerly the CAPF Foster Fund).
- Disguise Inc. partnered with CAPF to provide more than 5,000 kids with Halloween costumes as part of the “**Costumes for Kids**” campaign.
- KFMB TV Local 8 & CAPF teamed up to help over 4,000 local foster youth start off the school year with backpacks and school supplies from the “**Backpacks for Kids**” campaign.
- The **Just in Time Auxiliary** to CAPF gave 361 foster teens a jump-start to independent living by providing more than \$100,000 worth of support in the form of household goods, gift certificates, mini-grants and furniture.
- San Pasqual Academy, the nation’s first residential high school for foster youth, educated and housed 128 foster teens. In June, 27 students graduated in the largest class since the campus opened in 2001.
- Thousands of children had a brighter holiday thanks to KFMB TV Local 8, BOMA, 10,000RV and other community partners who collected close to 12,000 gifts as part of the “**Give Your Heart to Kids**” Toy Drive.
- Mary’s House provided 15 young women critical life skills training and support as participants of the transitional living program at “**Mary’s House.**”
- The Developmental Screening and Enhancement Program (**DSEP**) screened over 1,000 children from birth to 5 years for developmental delays before they entered the foster care system.

To find how you can help CAPF expand our services in 2007, visit www.capfsd.org





President's Message

Spring is a time for new beginnings. For the Child Abuse Prevention Foundation, one month is especially significant – April, **"Child Abuse Prevention Month."** This year, we will mark

April with a new beginning of our own as we

launch our **"Positive Parenting Campaign."**

We've all been told that "kids don't come with an instruction manual," but sometimes parents wish they did. Parenting is one of the most fulfilling yet challenging jobs anyone can ever do; and every parent needs help now and then. Preventing child abuse starts with providing parents the tools they need to meet the challenges of child-rearing in a healthy, nurturing way. The campaign will seek to do just that through outreach efforts ranging from quick tips to support for local training workshops.

You can help! Get parenting tips on some of the common difficult situations parents face so you can be a better parent and help others, too. Talk to your child's school, your place of worship and your business and encourage them to make parenting materials available at their site, their website and in their newsletter and to contact us about local parenting workshops.

As CAPF enters its 26th year, you will be seeing a new sense of dynamism and energy at the Foundation. We will be adding staff, re-evaluating our programs, seeking additional board members (give us your suggestions) and, most of all, expanding our fund raising efforts, all in order to even better serve the thousands of abused, neglected and at-risk children in San Diego County who so badly need our help. Any of you who have had the opportunity to hear some of the youth who have benefited from our programs speak at our events will realize how effective our programs are and how badly they are needed.

I know we can count on your continued generous support, with your time, your energy and your contributions, for our mission to **"break the cycle of child abuse through prevention, education, advocacy and funding."** Join us as we kick off the new campaign in April, and continue your involvement with CAPF throughout the year. You can volunteer, make a contribution, or take part in one of our special event fundraisers.

Sincerely,

- Terry Gulden
President

Board of Directors

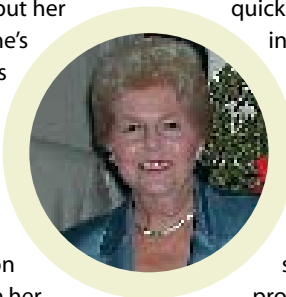
- Terry Gulden, *President*
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- Jeanne & Ray Lucia
- Noelle & Tim Ludwig
- Kris Panikowski

Remembering a Champion for Children Barbara Christensen Founder, St. Germaine Auxiliary

Compassionate. Caring. Committed. Three very simple, yet powerful words can best describe Barbara Christensen, founder of St. Germaine Auxiliary who, more than 24 years ago, gathered friends to start this auxiliary to benefit San Diego's abused and at-risk children. Sadly, Barbara passed away Dec. 4, 2006, but her legacy continues with St. Germaine's mission to stop child abuse as the new St. Germaine Children's Charity.

Barbara was always reluctant to take full credit for founding the successful auxiliary to CAPF back in 1984, and would quickly mention the nine close friends who met with her in the early days to create the organization.

The founders then invited 10 friends to a coffee held at the La Jolla Beach & Tennis Club to hear CAPF Founder Norma Hirsh speak about the need to break the cycle of child abuse. At the close of that initial event, the auxiliary grew to more than 45 members, which started a wonderful volunteer-driven tradition of raising funds for the cause. One tradition, now in its 23rd year, is the annual St. Germaine Silver Tea,



held each December. Guests of this beautiful holiday event would always remember Barbara helping with tea service, thanking participants and sharing her passion for helping children.

If you were to ask any of the more than 400 St. Germaine members today, they would quickly recognize Barbara for her vision in creating the organization named in honor of a young French girl who suffered from abuse - an organization that today has raised over \$2 million in conjunction with the Child Abuse Prevention Foundation to support treatment and prevention programs in San Diego.

In addition to her work with St. Germaine, Barbara was very active with many other organizations, that including the Social Service League of La Jolla, Voices for Children and the Mericos Eye Institute. Barbara also served on the board of directors for CAPF.

Barbara will be missed, but her work will live on in the effort to stop child abuse in our community.

2006 Holiday Happenings

San Diegans found many ways to open their hearts to abused and at-risk youth this holiday season by getting involved and participating in our holiday activities during the month of December.

Individuals, organizations and local corporations donated thousands of gifts for the "Give Your Heart to Kids" Toy Drive, celebrated the season with foster youth at KidsFest, treated youth staying at Polinsky Children's Center to shopping sprees at Wal-Mart, and spent a wild and wonderful day at the San Diego Wild Animal Park with children from the San Diego County adoptions program.



"Give Your Heart to Kids" Holiday Gift Drive Collects 12,000 Toys for San Diego's Foster Children

Once again, CAPF teamed with KFMB TV Local 8 and BOMA San Diego to collect close to 12,000 gifts for children of all ages this holiday season. This year, 10,000RV joined the team by hosting the LIVE Drive on December 14th and toy distribution center for more than 20 local agencies who signed up to receive toys for their children. Thank you to the many corporations, organizations and countless individuals who truly gave their hearts to kids this holiday season.



One Hundred Local Foster Youth Enjoy the Holidays at KidsFest 2006, Sponsored by California Bank & Trust

For the first time, CAPF hosted 100 local foster youth from Polinsky Children's Center, San Diego Center for Children and Walden Family Services for an afternoon of holiday fun at Pump It Up in Poway, thanks to the generous support of California Bank & Trust. Kids from ages 5 to 15 enjoyed the indoor inflatable jumps, obstacle courses, dinner and a surprise visit from Santa himself. California Bank & Trust employees enjoyed meeting the children and provided all of the gifts and entertainment.



San Diego Charger Donnie Edwards Treats 50 Youth from Polinsky Children's Center to a Holiday Shopping Spree

For the fourth year, San Diego Charger and child advocate, linebacker Donnie Edwards hosted Shop with a Charger at Wal-Mart for 50 children of all ages staying at Polinsky Children's Center. Edwards recruited his fellow teammates to provide the kids with a \$100 shopping spree at the local Wal-Mart. BIA Cares for Kids also joined in with 50 donated bicycles for all of the young shoppers. Thank you again to Donnie Edwards and the Best Defense Foundation for a wonderful evening full of holiday cheer.



KFMB TV Local 8 and CAPF Host Holiday Party for Children of the San Diego County Adoptions Program

CAPF and KFMB hosted a wild and wonderful afternoon at the Wild Animal Park for 50 children from the San Diego County Adoptions Program. KFMB News 8 anchor Kathleen Bade spent time reading holiday stories and making holiday gift wishes come true for everyone. For many of the children, this was their first experience at the Wild Animal Park, where they were also treated to animal presentations given by the park staff.



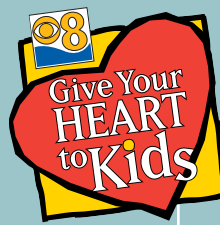
Did you know April is Child Abuse Prevention Month?

Being a parent is the most difficult yet most important and satisfying work you will ever do. The following are just a few things you can do to honor and nurture your child every day:

- **Listen to your child.** *Listening tells them that you think they're important and that you're interested in what they have to say.*
- **Remember, parents need timeouts too.** *It is OK to step back, take a deep breath or count to 10 when you get frustrated with your child.*
- **Promote healthy competition.** *Every child wins when they enjoy participating in the activities they love.*
- **Spend quality time together.** *At the end of your work day, take the time to kick off your shoes and have fun with your child doing something they love to do.*
- **Tell your child how much you love them every day.**

For additional tips and ways to prevent child abuse, please visit the Give Your Heart to Kids page at www.capfsd.org.

Thank you



On behalf of the kids, thank you San Diego for your generous donation of gifts this holiday season!

A special thank you to this year's partners and donors

2006 Partners

KFMB TV Local 8
BOMA San Diego
10,000RV
California Bank & Trust
San Diego County New Car Dealers Association

Holiday Toy drive

2006 Donors

Vertex, Souplantation, American Technology Corporation, Jack in the Box, Jack in the Box Foundation, Fish & Richardson, Administaff, Curves, R.A. Snyder Properties, Inc., Carmel Mountain Preschool, BIA Cares for Kids, FasTracKids, City of San Diego, Fallbrook Martial Arts, Mission Federal Credit Union, Helen Woodward Animal Center, HandyManOnDemand, Cavignac & Associates, SDSU Foundation, SD Convention and Visitors Bureau, The Hyatt, Matrix Direct, Bollotta Entertainment, Pacific Scene Homes, GNF-Novartis



And the many additional organizations, individuals and volunteers who helped make dreams come true this holiday season!

Upcoming Events

April, 2007 Child Abuse Prevention Awareness Month

Honor a child by raising awareness about the important issue of child abuse throughout the month. For more information, please call (858) 278-4400, ext. 19, or email leona@capfsd.org.

May 22, 2007 SCRIPPS INVESTMENTS & LOANS, INC. ForeKids Golf Tournament presented by Marc-Aaron Realtors

Sign up today and secure your spot or foursome for the tournament. This event will sell out, so please contact Tonya Torosian at (858)278-4400 ext.16 for details, or visit the event page at www.capfsd.org to register online.

June 9, 2007 8's Give Your Heart to Kids Motorcycle Ride

Join News 8's Stan Miller and rev your engines for the Give Your Heart to Kids Motorcycle ride to benefit CAPF and Camp Hope. Enjoy touring San Diego's North County and the Temecula wine country to help thousands of children. Visit the event page at www.capfsd.org, or call Leona Sublett at (858) 278-4400 ext. 19 for ride details and early registration.

Exciting News!

CAPF's first annual report is set to arrive in July 2007, so stay tuned!